

Friends of St. John the Caregiver

Order Form

We know that some family caregivers and FSJC members don't have access to the Internet. Here's a handy way to order a variety of resource material for yourself, your family member, your parish . . . or anyone else. **Thanks to the generosity of FSJC donors we can offer all these items at no charge.** Just let us know what you would like and where you want to have it sent. Items with an asterisk (*) are also available on-line at YourAgingParent.com.

<i>Item</i>	<i>Quantity Requested</i>	<i>Caregiver Grief: Sorting Out, Moving On, Remembering</i>	_____
Prayer Books			
The Little Book of Caregiver Prayers	_____	Dealing with Caregiver Guilt	_____
"Little Book" kit (Sample copy and covers and pages to assemble 10 prayer books, plus 10 St. John and Our Lady in Need holy cards)	_____	Home Safety	_____
The Stations of the Cross for Caregivers	_____	Independence, Control and Self-determination	_____
Holy Cards			
St. John the Caregiver	_____	Keeping Secrets, Telling Lies	_____
Our Lady in Need	_____	If You Are a Long-distance Caregiver	_____
Caregiver's Prayer bookmark	_____	Helping Your Loved One Deal with Losses	_____
*Brochures			
The Basics of Catholic Caregiving	_____	When You're Married to the Caregiver	_____
The Friends of St. John the Caregiver	_____	Should Mom or Dad Move In?	_____
*Checklists			
Overall Assessment of Care-receiver	_____	When Mom or Dad Moves In	_____
Assisted-Living Facility Evaluation	_____	Not My Parent, Spouse, Loved One	_____
Nursing Home Evaluation	_____	Choosing a Nursing Home	_____
Legal and Financial Paperwork	_____	Guidelines for Caregiving	_____
Depression	_____	Finding Respite Care	_____
Driving Skills	_____	It's a Matter of Respect	_____
Home Safety	_____	Respectful Caregiving as the Parent-Child	_____
Elder Abuse Prevention	_____	Roles Reverse	_____
*Topic Sheets			
The Stages of Caregiving	_____	When the Parent-Child Roles Reverse	_____
Alcoholism and Aging	_____	The 'Sandwich Generation'	_____
Dealing with Caregiver and Care-receiver Anger	_____	Caregiving Stress: Warning Signs	_____
Assessment: What Help Does Mom or Dad Really Need?	_____	The Need to Talk	_____
Choosing the Best Solution	_____	When Your Loved One Has Poor Vision	_____
'I Don't Want to Be a Burden'	_____	Turning to Prayer	_____
Helping Your Parent Give Up the Car Keys	_____	The Stations of the Cross for Caregivers	_____
Preparing Your Children to Visit Your Parent	_____	An Assessment Checklist for Family Caregivers	_____
In Case of an Emergency or Disaster	_____	Celebrating Birthdays and Anniversaries	_____
Exhaustion: Care for the Caregiver	_____	The Role of Spirituality in a Caregiver's Life	_____
Evaluating Housing Options	_____	Returning to the Church	_____
Caregiving is a Family Affair	_____	Anointing of the Sick	_____
Parent's Grief	_____		_____
Videos on DVD			
Catholic Caregiving, Volume 1			
		A Caregiver's Prayer; Caregiver Advice from St. Francis de Sales; Helping Your Loved One Give Up the Car Keys; Keeping Secrets, Telling Lies	_____
Catholic Caregiving, Volume 2			
		Caregiving from a Care-receiver's Point of View (Independence/Interdependence; Dealing with Losses; "I Don't Want to Be a Burden"); Guidelines for Making Decisions; Stages of Caregiving; Principles of Catholic Caregiving	_____

Please send this material to:

Name _____ Street _____

City _____ State/Prov _____ ZIP _____ Country _____

Mail your request to:
Friends of St. John the Caregiver
P.O. Box 320
Mountlake Terrace, WA 98043

E-mail us at:
MonicaDodds@YourAgingParent.com
 Or call us at:
1-800-392-JOHN (5646)

There is no charge for any material and no charge for shipping or handling.
 All donations are gratefully accepted.
 FSJC is a 501(c)3 organization. Donations are tax-deductible as provided by law.

An international Catholic organization promoting care for family caregivers.