

Friends of St. John the Caregiver

Order Form

We know that some family caregivers and FSJC members don't have access to the Internet. Here's a handy way to order a variety of resource material for yourself, your family member, your parish . . . or anyone else. **Thanks to the generosity of FSJC donors we can offer all these items at no charge.** Just let us know what you would like and where you want to have it sent. Items with an asterisk (*) are also available on-line at YourAgingParent.com.

<i>Item</i>	<i>Quantity Requested</i>	
Prayer Books		
The Little Book of Caregiver Prayers "Little Book" kit (Sample copy and covers and pages to assemble 10 prayer books, plus 10 St. John and Our Lady in Need holy cards)	_____	Preparing Your Children to Visit Your Parent _____ In Case of an Emergency or Disaster _____ Exhaustion: Care for the Caregiver _____ Evaluating Housing Options _____ Caregiving is a Family Affair _____ Parent's Grief _____ Caregiver Grief: Sorting Out, Moving On, Remembering _____ Dealing with Caregiver Guilt _____ Home Safety _____ Independence, Control and Self-determination _____ Keeping Secrets, Telling Lies _____ If You Are a Long-distance Caregiver _____ Helping Your Loved One Deal with Losses _____ When You're Married to the Caregiver _____ Should Mom or Dad Move In? _____ When Mom or Dad Moves In _____ Not My Parent, Spouse, Loved One _____ Choosing a Nursing Home _____ Guidelines for Caregiving _____ Finding Respite Care _____ It's a Matter of Respect _____ Respectful Caregiving as the Parent-Child Roles Reverse _____ When the Parent-Child Roles Reverse _____ The 'Sandwich Generation' _____ Caregiving Stress: Warning Signs _____ The Need to Talk _____ When Your Loved One Has Poor Vision _____
The Stations of the Cross for Caregivers	_____	
Holy Cards		
St. John the Caregiver _____ Our Lady in Need _____ Caregiver's Prayer bookmark _____		
*Brochures		
The Basics of Catholic Caregiving _____ The Friends of St. John the Caregiver _____		
*Checklists		
Overall Assessment of Care-receiver _____ Assisted-Living Facility Evaluation _____ Nursing Home Evaluation _____ Legal and Financial Paperwork _____ Depression _____ Driving Skills _____ Home Safety _____ Elder Abuse Prevention _____		
*Topic Sheets		
The Stages of Caregiving _____ Alcoholism and Aging _____ Dealing with Caregiver and Care-receiver Anger _____ Assessment: What Help Does Mom or Dad Really Need? _____ Choosing the Best Solution _____ 'I Don't Want to Be a Burden' _____ Helping Your Parent Give Up the Car Keys _____		
Videos on DVD		
		Catholic Caregiving, Volume 1 _____ A Caregiver's Prayer _____ Caregiver Advice from St. Francis de Sales _____ Caregiver Concerns: Helping Your Loved One Give Up the Car Keys _____ Caregiver Concerns: Keeping Secrets, Telling Lies _____

Please send this material to:

Name _____ Street _____
City _____ State/Prov _____ ZIP _____ Country _____

Mail your request to:
Friends of St. John the Caregiver
P.O. Box 320
Mountlake Terrace, WA 98043

There is no charge for any material and no charge for shipping or handling.
 All donations are gratefully accepted.
 FSJC is a 501(c)3 organization. Donations are tax-deductible as provided by law.

An international Catholic organization promoting care for family caregivers.